

Brief Opioid Overdose Knowledge (BOOK) Questionnaire

From: Dunn et al (2016). Brief Opioid Overdose Knowledge (BOOK): A questionnaire to assess overdose knowledge in individuals who use illicit or prescribed opioids. *Journal of Addiction Medicine*, 10 (1), 314-323.

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Don't Run, Call 911

See georgiaoverdoseprevention.org for more information about opioid overdose prevention and the State of Georgia's 911 Medical Amnesty Law

Name: _____ Date: _____

Instructions: For each of the following items, please ✓ whether you believe the answer is TRUE or FALSE. If you are not certain, ✓ I DON'T KNOW.

	TRUE	FALSE	I DON'T KNOW
1. Long-acting opioids are used to treat chronic "round the clock" pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Methadone is a long-acting opioid.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Restlessness, muscle and bone pain, and insomnia are symptoms of opioid withdrawal.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Heroin, OxyContin, and fentanyl are all examples of opioids.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Trouble breathing is not related to opioid overdose.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Clammy and cool skin is not a sign of an opioid overdose.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. All overdoses are fatal (deadly).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Using a short-acting opioid and a long-acting opioid at the same time does not increase your risk of an opioid overdose.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. If you see a person overdosing on opioids, you can begin rescue breathing until a health worker arrives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. A sternal rub helps you evaluate whether someone is unconscious.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Once you confirm an individual is breathing, you can place him/her into the recovery position.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Narcan (naloxone) will reverse the effect of an opioid overdose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	TRUE	FALSE	I DON'T KNOW

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Scoring Instructions

A. Opioid Knowledge Subscale

Items 1, 2, 3, 4: Number of TRUE = _____

B. Opioid Overdose Knowledge Subscale

Items 5, 6, 7, 8: Number of FALSE = _____

C. Opioid Overdose Response Subscale

Items 9, 10, 11, 12: Number of TRUE = _____

D. BOOK Total Score = Total of the above = _____ divide by 12 = _____ %*

*12/12 = **100%**
11/12 = **92%**
10/12 = **83%**
9/12 = **75%**
8/12 = **67%**
7/12 = **58%**
6/12 = **50%**

