

**Braughtworks
Consultation & Training**

Applying Science to Practice

Consultation Prospectus

of

George S. Braucht, LPC

Braughtworks Consultation & Training
Email: george@braughtworks.com; Phone: 404-310-3941
101 Donald Drive, Warner Robins GA 31093-3247

www.braughtworks.com



The Endless Vine:
Ancient symbol of life, infinity or the interweaving wisdom of time and
movement on the path with That Which Is Eternal



Thank you for considering me as a consultant and trainer for your agency or organization. Every year I have the good fortune of learning from and working with clinicians, paraprofessionals and volunteers in professional associations, community organizations, private companies, and public agencies. Our mutual interests typically center on improving effectiveness and progressing to mastery-level competence in change-skills.



George S. Braucht, LPC

My three decades of experience teaching psychology and delivering services will help to translate over 40 years of “what works” process and outcome research into empirically-supported interpersonal skills, program practices and organizational policies. I recommend a practice-based evidence approach that enhances evidence-based clinical, paraprofessional and non-professional helping services. My specialty is delivering recovery-oriented, person-directed, and outcome-informed services with people who are in crisis, alcohol and other drug users, mandated, or who others consider resistant or challenging. I also assist with:

- 1) strategic planning,
- 2) organizational policy and procedure development,
- 3) service delivery system efficiency, effectiveness and local culture-competence reviews, and
- 4) grant writing.

Typical consultations range from telephone meetings, online webinars, 1 to 2-hour “lunch and learns,” half to whole day workshops, and multiple-day trainings. Enclosed you will find detailed information regarding:

- 1) recently delivered trainings and satisfied customers,
- 2) popular workshops and selected training topics, and
- 3) my biography.

My highly engaging and enjoyable presentations are based on the latest empirical research; tailored to meet the demographics, needs and attitudes of the specific participants; and guaranteed to provide valid, reliable, and feasible tools that improve program retention and outcomes. Please email any questions to me at the below address. Also, I will gladly send you my vita or you can download it from my website. I look forward to the opportunity to work with you.

Sincerely,

George.





Recently Satisfied Customers

Advantage Behavioral Health Systems

Alabama School of Alcohol of Alcohol and Other Drug Studies

American Correctional Association

Devereux Georgia

Fore(In)Sight Foundation

Georgia Addiction Counselors Association

Georgia Army National Guard

Georgia Association of Recovery Residences

Georgia Council on Substance Abuse

Georgia Department of Family and Children Services

Georgia School of Addiction Studies

Georgia State Board of Pardons and Paroles

Heart and Soul of Change Project

HERO House

Louisianan Counseling Association

Mary Hall Freedom House

McIntosh Train Behavioral Health System

Mentor Network, Georgia

Promise of Hope

South Carolina Faces and Voice of Recovery

Southeastern Addiction Technology Transfer Center/Morehouse School of Medicine

Spectrum Health Systems

WestCare





Partial List of Consultation Topics and Presentations

Many of these trainings have been approved for CEUs by the Georgia Addiction Counselors Association, Georgia Association of Marriage and Family Therapy Providers, Georgia Society for Clinical Social Work, and the Licensed Professional Counselor Association of Georgia.

- I. The Science of Addiction and Recovery (SOAR), and SOAR Training of Trainers (TOT).
Certified SOAR trainer by the Faces and Voices of Recovery (facesandvoicesofrecovery.org).
- II. What works to improve retention and outcomes: Recovery-oriented, person-directed, and outcome informed services.
Certified trainer by the Heart and Soul of Change Project (heartandsoulofchange.com).
- III. What works alcohol and other drug use psychoeducation on addiction and recovery as brain conditions: Snap, crackle, pop....
- IV. What works with mandated alcohol and other drug users: Effectively addressing risk, need and responsivity.
- V. What works recovery coaching: Fundamental principles, core practices and essential skills.
Certified Recovery Coach Academy trainer by the Connecticut Community for Addiction Recovery (ccar.us) and a principal developer and instructor with the Georgia Certified Addiction Recovery Empowerment Specialist (CARES) Academy (www.gasubstanceabuse.org).
- VI. What works recovery-oriented systems of care: Zebras and unicorns.
- VII. What works recovery counseling: Effectively promoting progressive change to long-term recovery from alcohol and other drug use.
- VIII. What works ethical decision-making: Moving beyond professional codes to agency-specific Codes of Organizational Practices and Ethics (COPES).
- IX. Recovery advocacy in action: Developing a personal and an organizational recovery advocacy plan.
- X. What everyone needs to know about working with people who are lesbian, gay, bisexual or transgender.
- XI. Motivational interviewing assessment: Supervisory tools for enhancing proficiency.
- XII. Fundamental knowledge and skills for alcohol and other drug counseling.
- XIII. Making effective PowerPoint presentations.





All presentations include:

- Flexible time-frames: from 1 hour to multiple-day sessions.
- Adjustable goals to accommodate a preference for knowledge and/or skill building.
- Audience response polls show immediate results that engage participants and assess learning
- Engaging PowerPoint that contains audio and video clips of popular music, TV shows and/or movies.
- Handouts with information on accessing free on-line resources and reference materials.

Selected Training Details

I. The science of addiction and recovery (SOAR), and SOAR training of trainers (TOT).

Supported by Faces & Voices of Recovery (FAVOR; www.facesandvoicesofrecovery.org) and the Georgia Council on Substance Abuse (www.gasubstanceabuse.org), this training's goal is to promote how people successfully manage long-term recovery from alcohol and other drug use. Upon completion, participants will be able to:

- 1) Describe the eight components of a recovery-oriented system of care and identify at least five pathways to recovery;
- 2) Explain tolerance, withdrawal, craving, and recovery based on brain changes (plasticity) that account for: a) why addicts can't just quit and stay quit, and b) the scientific basis of the message of hope for long-term recovery; and
- 3) Compare the recovery rates for addiction and other chronic health conditions.

A subsequent 3-hour SOAR Training-of-Trainers (TOT) symposium certifies participants to deliver the SOAR curriculum. SOAR TOT completers receive the SOAR PowerPoint, speaker notes, all presentation materials, and access to the FAVOR SOAR trainers' website.





II. What works to improve client retention and outcomes: Recovery-oriented, person-directed, and outcome-informed services.

Research shows that attending to the therapeutic alliance and client/peer feedback dramatically improves effectiveness and increases success rates by an average of 65%. The workshop enabling objectives are for participants to learn how to: 1) explain the research-based evidence for the factors associated with therapeutic effectiveness, 2) seamlessly use the Outcome Rating Scale to monitor client progress and the Session Rating Scale to monitor the therapeutic relationship and the client's view of the fit of the services, and 3) efficiently use recovery-oriented, person-directed and outcome-informed (ROPDOI) services to improve client retention and outcomes. ROPDOI services have two premises. First, counselors must value the other's ideas and experiences and believe that the other person should direct her or his change efforts. Second, the helper must want to be accountable first and foremost to the helpee, then to the funding source (if different than the helpee) because your service is a precious commodity to be used wisely to ensure access for anyone seeking change.

III. What works alcohol and other drug use psychoeducation on addiction and recovery as brain conditions: Snap, crackle, pop....

Psychoeducation is a common group service delivery method yet the challenge is to deliver effective and engaging programs. This workshop's enabling objectives are for participants to: 1) understand three core principles of effective psychoeducation drawn from many decades of motivation and learning research, 2) experience several fundamental addiction-as-a-brain-disease principles that promote long-term retention of the concepts, and 3) see a variety of motivational techniques that enhance participation and retention in services. Upon completion of this workshop, participants will understand the "What Works" principles of psychoeducation for engaging treatment participation and sustaining recovery. Workshop activities include participating in "The Master Recovery Center's Education Program: Session I – Why can't addicts just quit?" This highly interactive session covers several potentially difficult concepts: how addiction develops, how drugs cause brain and behavior changes, why addicts cannot "just quit," and why treatment is often essential for recovery. This session is for every person who has ever regretted saying, "I'll just show a video and we'll discuss it."

IV. What works with mandated alcohol or other drug users: Addressing risk, need and responsivity.

This workshop presents the National Institute of Drug Abuse, National Institute of Corrections, and the latest evidence-based principles of effective treatment with offenders, collectively referred to as the "what works" literature. The session begins with a snapshot of adult offender populations and current corrections-based treatment and reentry initiatives. The psychology of criminal conduct and client-





directed, outcome informed recovery services are the foundation for motivating and sustaining offender recovery, increasing treatment retention and outcomes, decreasing recidivism, and improving community safety. Participants practice case planning and management following the what works principles of criminogenic risk, need, responsivity and collaboration. Motivating offender behavior change is discussed in the context of quality assurance issues and barriers to implementation.

V. What works recovery coaching: Fundamental principles, core practices and essential skills.

As a Certified Recovery Coach Academy trainer by the Connecticut Community for Addiction Recovery (www.ccar.us) and a principal developer and instructor with the Georgia Certified Addiction Recovery Empowerment Specialist (CARES) Academy (www.gasubstanceabuse.org), this training covers the basics of the non-clinical, non-professional recovery coach who is playing a vital role in today's recovery-oriented systems of care. Peer recovery support principles, services and skills are covered in this highly interactive, skills-based training that targets the development of three core services: recovery advocacy, individual peer support and recovery check-ins, and peer recovery group.

VI. What works recovery-oriented systems of care: Zebras and unicorns.

The traditional medical model physical and behavioral healthcare systems are being enhanced by implementing recovery-oriented systems of care principles and practices. This training reviews the current literature and government standards for peer and professional services. The workshop also features an appreciative inquiry process that identifies existing system strengths, resources, and next steps for system transformation.

VII. What works recovery counseling: Effectively promoting progressive change to long-term recovery from alcohol and other drug use.

This workshop promotes the progressive development of professional addiction counselors and other behavioral health service providers. Participants will: 1) complete a self-assessment of current skills and abilities for working with a variety of people from culturally diverse backgrounds, 2) review the research literature and evidence-based skills needed for relationship enhancement across three stages of long-term recovery, and 3) identify resources needed to move to the next level toward a mastery level of competency.





VIII. What works ethical decision-making: Moving beyond professional codes to agency-specific Codes of Organizational Practices and Ethics (COPES).

This training highlights the ethics codes of the pertinent professional associations including the National Association of Alcoholism and Drug Abuse Counselors (NAADAC). Yet even with these resources, professionals and paraprofessionals may find themselves poorly prepared or supported for managing day-to-day ethical dilemmas due to the inherent clash among client rights, agency/funding commitments, and community/public safety responsibilities. Participants will practice ethical decision making and documentation with several critical issues resulting in values-based ethics that empower the people who work in organizations and the people who they serve. At the end of this training participants will be able to: 1) Implement the NAADAC (and/or other professional association's) code of ethics, 2) Participate in a Vital Incident Discussion Group, 3) Document the rationale and resulting course(s) of actions taken regarding specific ethical decisions and build a Code of Organizational Practices and Ethics (COPE) for new staff orientation and in-service trainings, and 4) Outline a four-step ethical decision-making model for use by recovery resident staff, volunteers and residents.



Brief Biography of George S. Braucht

(Braucht is pronounced like “what” but beginning with “br” instead of a “wh”)

Mr. Braucht applies a scientific, recovery-oriented, person-directed and outcome-informed approach to services for personal and community well-being. His engaging style, combined with delivering rich content, have garnered excellent ratings in academic and applied settings, e.g., Franklin University; Kennesaw State University; DeVry Institute of Technology; and crisis, mental health, substance abuse, employee assistance, and criminal justice programs. So far, his three-decade career includes experience in direct service; clinical supervision; program management and development; teaching; training; process and outcome evaluations; and research. He enjoys working with professional, paraprofessional, faith-based, and volunteer service providers. George currently manages the residential facility review and development process for the Georgia (USA) Parole Board’s Transitional Housing for Offender Reentry Directory. He also designed the Board’s Personal Recovery and Offender Discharge Services outpatient program that is delivered in each parole district, and he assists with ongoing program development and clinical supervision. He is the Principal Collaborator with Brauchtworks Consultation and Training. Formerly a Licensed Professional Clinical Counselor in Ohio, he is a Licensed Professional Counselor in Georgia, a Recovery Coach Academy Certified Trainer by the Connecticut Community for Addiction Recovery, a Science of Addiction and Recovery Certified Trainer by the Faces and Voices of Recovery, a Certified Client-Directed, Outcome-Informed Services Trainer with the Heart and Soul of Change Project, a Certified Community Crisis Responder of the National Organization for Victim Assistance, and a Certified Instructor by the Georgia Peace Officers Standards and Training Council. In addition, George serves on the Editorial Board of *Corrections Compendium*, the American Correctional Association’s peer-reviewed research journal, and has authored numerous professional publications. His Master of Science degree in general experimental psychology is from Georgia College with concentrations in physiological, clinical, and community psychology.

Recovery-Oriented, Person-Directed, and Outcome-Informed (RPPDOI) Specializations:

- Assisting administrators, managers, and direct service providers with transforming policies and practices into ROPDOI services,
- Training providers who serve mandated, mental health, substance abuse, crisis, and non-clinical persons.
- Developing ROPDOI continua of care including peer-based, outpatient, residential and institutional programs.
- Transforming ROPDOI public policy, funding, advocacy, and service alliances among professional, faith, peer and other indigenous recovery resources.