

# Individual's Constructive Assessment of this Recovery Environment (ICARE) 111009

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Program: \_\_\_\_\_ Date: \_\_\_\_\_ Program type: Residential  Outpatient  Both   
 Check: Client  Staff  Referral Source  Aftercare Provider  Enter number weeks in the program: \_\_\_\_\_

**Instructions:** Your feedback is very important for improving this program. No one needs to know how you answered this survey so your name is not requested. Please circle one number from **0 = Strongly Disagree, 1 = Disagree, 2 = Neither Disagree Nor Agree, 3 = Agree, or 4 = Strongly Agree** to show how much you think each of the following items reflect the activities, values and practices of this program.

ICARE	Strongly <u>Disagree</u>	<u>Disagree</u>	<u>Neither</u>	<u>Agree</u>	Strongly <u>Agree</u>
1. People and their belongings are safe and secure while they are in this program ....	0	1	2	3	4
2. This program supports each person's unique culture, life experiences, needs, and interests.....	0	1	2	3	4
3. Clients can look at all of her/his files and financial records that are kept by the program.....	0	1	2	3	4
4. Clients can earn roles that have increasing responsibilities.....	0	1	2	3	4
5. Every effort is made to involve client's significant others (spouse, friends, family members, parole/probation officer, etc.) and other recovery supports (clergy, neighbors, employers, etc.) in the client's recovery .....	0	1	2	3	4
6. Clients can choose and, if desired, change the therapist, counselor, or other service providers with whom they work.....	0	1	2	3	4
7. Clients are given the opportunity to discuss spiritual, physical, sexual and mental needs.....	0	1	2	3	4
8. The staff listens to and follows the client's recovery services choices and preferences.....	0	1	2	3	4
9. The staff helps clients monitor their progress towards personal recovery goals.....	0	1	2	3	4
10. This program provides educational services to the community about mental illness, addiction or recovery .....	0	1	2	3	4
11. Staff do not use threats, bribes or other forms of coercion to influence client behavior or choices.....	0	1	2	3	4
12. Staff encourage clients to take reasonable risks and try new things.....	0	1	2	3	4
13. Clients are involved in staff trainings and education programs at this program and, with program staff, in the community .....	0	1	2	3	4
14. Staff know about recovery activities that occur in the community including AA, NA, CA, other faith or community-based recovery groups, and other special interest groups.....	0	1	2	3	4
15. Groups, meetings, and other activities at this program occur when scheduled.....	0	1	2	3	4
16. Groups, meetings, and other required activities at this program are available at times that do not conflict with other recovery activities like employment, school, etc.....	0	1	2	3	4
17. Staff link clients with a variety of people in recovery who can serve as role models or mentors by referring to mutual-help or consumer advocacy groups .....	0	1	2	3	4
	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Neither</u>	<u>Agree</u>	<u>Strongly Agree</u>

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ICARE	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Neither</u>	<u>Agree</u>	<u>Strongly Agree</u>
18. Clients are encouraged to choose from a variety of treatment/recovery options (individual therapy, group counseling, peer support/self-help/faith-based groups, medications, etc.) .....	0	1	2	3	4
19. Staff formally acknowledge and celebrate when clients make progress toward recovery goals .....	0	1	2	3	4
20. Clients are routinely involved in providing feedback on this program's staff, programs and services. ....	0	1	2	3	4
21. Staff uses recovery language (hope, positive expectations, respect, etc.) in everyday conversations. ....	0	1	2	3	4
22. Staff model and encourage resident involvement in non-mental health/addiction related activities such as worship/spiritual enrichment, special interests, or adult education groups .....	0	1	2	3	4
23. If this program is not meeting a client's needs, procedures are in place to refer the resident to another program or services that should meet the needs.....	0	1	2	3	4
24. Staff help clients develop career and life goals that go beyond addiction symptom management and stabilization.....	0	1	2	3	4
25. Staff seem to understand each client's culture, ethnic heritage, lifestyle and interests.....	0	1	2	3	4
26. Clients are regular members of this RR's advisory board or management meetings. ....	0	1	2	3	4
27. Clients who are doing well get as much attention as those who are having difficulties.....	0	1	2	3	4
28. Staff routinely assist clients in pursuing employment and/or educational goals. ....	0	1	2	3	4
29. Clients are involved with staff in developing and providing new programs and services. ....	0	1	2	3	4
30. Staff actively help clients become involved in activities that "give back" to the community (volunteering, community service, etc.) .....	0	1	2	3	4
31. This program provides opportunities to learn about recovery for clients, their family and significant others including my employer and service providers.....	0	1	2	3	4
32. Staff help clients fulfill individually defined goals and aspirations.....	0	1	2	3	4
33. Clients know what to do to successfully transfer out of this program, and that is discussed upon entry into this program.....	0	1	2	3	4
34. Doing physical exercises, learning hobbies and having fun are part of this program. ....	0	1	2	3	4
35. Staff believe that every client can recover and make good recovery and life choices.....	0	1	2	3	4
36. Jobs and/or employment services are available near this program.....	0	1	2	3	4
37. Program rules are applied equally to every client.....	0	1	2	3	4
38. Transportation is provided or easy access to public transportation is available at this program.....	0	1	2	3	4
39. Nutritious food is adequately available at this program .....	0	1	2	3	4
	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Neither</u>	<u>Agree</u>	<u>Strongly Agree</u>