

CPR Boundary Management and Intimacy Issues Worksheet (150628)

Adapted by George Braucht, LPC with permission of William L. White. From White, W., the PRO-ACT Ethics Workgroup, with legal discussion by Popovits R. & Donohue, B. (2007). Ethical guidelines for the delivery of peer-based recovery support services. Philadelphia: Philadelphia Department of Behavioral Health and Mental Retardation Services.

I am taking this as a (✓ all that apply): Therapist/counselor Supervisor Peer

✓ one of the three vulnerability zones for each behavior

Helper Behavior with a Client/Peer/Resident (CPR)	Vulnerability Continuum		
	Safe Always OK	Vulnerable Sometimes OK, sometimes not	Danger Never OK
1. Give a gift			
2. Accept a gift from a CPR or CPR's family			
3. Lend or borrow money			
4. Manage a CPR's money			
5. Give a hug			
6. "You are a very special person"			
7. "Relapse is a part of recovery"			
8. Invite to a holiday dinner at your home			
9. Joke about breast or penis size			
10. Sexual relationship with a former CPR			
11. Sexual relationship with a CPR's family member			
12. Give CPR your personal cell phone number			
13. Use profanity			
14. Use drug culture/street slang			
15. "I'm going (or been) through a rough divorce myself"			
16. "You're very attractive"			
17. Address the CPR by her first name			
18. Attend mutual aid meetings together			
19. Hire a CPR to do some work on your sister's house			
20. "Praise God" or "Praise Allah"			
21. Work with a CPR to whom you previously sold drugs			
22. Sponsor a CPR that you are assigned at work			
23. Attend a CPR's wedding			
24. Tell another Helper that her/his CPR admitted using AOD during a mutual aid meeting yesterday			
25. Give a CPR a ride in your car			

