

## Boundary Management and Intimacy Issues Worksheet 150630

Adapted by George S. Braucht; LPC, CPCS & CARES with permission of William L. White. From White, W., the PRO-ACT Ethics Workgroup, with legal discussion by Popovits R. & Donohue, B. (2007). *Ethical guidelines for the delivery of peer-based recovery support services*. Philadelphia: Philadelphia Department of Behavioral Health and Mental Retardation Services.

I am taking this as a/an:  all that apply

Administrator  Clinical Supervisor  Clinician  Peer service provider

**Instructions:**  one of the three vulnerability zones for each of the below behaviors.

### Vulnerability Continuum

Helper Behavior with a Client/Peer/Resident = CPR AOD = alcohol or other drugs	<span style="background-color: #90EE90; padding: 2px;">Safe</span> Always OK	<span style="background-color: #4169E1; padding: 2px;">Vulnerable</span> Sometimes OK, sometimes not	<span style="background-color: #FF0000; padding: 2px;">Danger</span> Never OK
1. Give a gift			
2. Accept a gift from a CPR or CPR's family			
3. Lend or borrow money			
4. Manage a CPR's money			
5. Give a hug			
6. "You are a very special person"			
7. "Relapse is a part of recovery"			
8. Invite to a holiday dinner at your home			
9. Joke about breast or penis size			
10. Have sex with a former CPR			
11. Have a relationship with a CPR's family member			
12. Give a CPR your personal cell phone number			
13. Use profanity or curse words			
14. Use drug culture or street slang			
15. "I'm going (or been) through a rough divorce myself"			
16. "You're very attractive"			
17. Address the CPR by her first name			
18. Attend mutual support group meetings with CPRs			
19. Hire a CPR do some paid work at your sister's house			
20. "Praise God" or "Praise Allah"			
21. Work with a CPR to whom you previously sold AOD			
22. Sponsor a CPR who you are assigned at work			
23. Attend a CPR's wedding			
24. Tell another staff member that her/his CPR admitted using AOD during a mutual support group meeting			
25. Give a CPR a ride in your personal vehicle			

