

## PCOMS-informed Peer and Professional Services Form Download Instructions 150723 Page 1 of 2

Find additional information about Brauchtworks Consulting including training documents at  
[www.brauchtworks.com](http://www.brauchtworks.com)

(Click on the blue links in this document to open the webpage.)

Below is a partial list of materials for service provider professional development and performance support and for program continuous quality and outcome improvement at

[http://brauchtworks.com/change\\_agent\\_toolkit](http://brauchtworks.com/change_agent_toolkit).

- Acute Care Treatment and ROSC Comparison
- Addiction Treatment and Recovery Services Practices Overview
- Individual's Constructive Assessment of this Recovery Environment (ICARE): for outpatient and residential programs
- Knowing a Recovery Culture When You See One
- Overnight Recovery Exploration Outing (OREO) Request, used with the PRIDE
- Partners for Change Outcome Management System (PCOMS) Monthly Report in Excel
- Personal Recovery and Individual Development Expectations (PRIDE) Report, a self-completed monthly progress report for outpatient and residential settings
- Peer Reception or Beginning Exchange (PROBE)
- Psychological Sense of Community Scale
- Recovery Action and Progress Group Handout
- Recovery Capital Plan and Scale (RECAPS)
- Recovery Check-In Overview
- Recovery Check-In Telephone Practice Guides: Initial and Ongoing
- Recovery Coach Monthly Report Sample
- Recovery Coach Supervisor Monthly Report Sample
- Relationship Enhancement Skills Overview (PINK OARSI)
- Self-Completed Overview of Recovery Experience (SCORE) Board
- Wilder Collaboration Factors Scale

The Partners for Change Outcome Management System (PCOMS) is in SAMHSA's National Registry of Evidence-based Programs and Practices:

<https://nrepp.samhsa.gov/Legacy/ViewIntervention.aspx?id=250>.

Dr. Barry Duncan, the PCOMS' originator extraordinaire, provides FREE downloads of the PCOMS scales at [www.pcoms.com](http://www.pcoms.com) for individual service providers. A group license for



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implementation by agencies or organizations is available at a reasonable, one-time cost. The scales are copyrighted and require completing an online, simple licensing agreement to not modify the scales. Adult, adolescent, child, young child and oral (telephone) versions of the forms are available.

The Heart and Soul of Change Project, [www.heartandsoulofchange.com](http://www.heartandsoulofchange.com), contains links to the PCOMS research and other publications plus training videos including webinars and brief videos on all aspects of using the PCOMS.

See [www.betteroutcomesnow.com](http://www.betteroutcomesnow.com) for a PCOMS online platform that automates: 1) collection of individual ORS and SRS/RRS scores; 2) displays individual results' graphs; and 3) provides service provider, supervisor and program level summaries of PCOMS scores and statistically-derived effectiveness/outcome metrics that are reliable and valid.

### The PCOMS Scales

- Professional versions: Outcome Rating Scale (ORS)  
Session Rating Scale (SRS)  
Group Session Rating Scale (GSRS)
  
- Peer versions: ORS  
Relationship Rating Scale (RRS, the SRS adapted for peers)  
GSRS

To access the PCOMS scales:

1. Go to [www.heartandsoulofchange.com](http://www.heartandsoulofchange.com)
2. At the top of the page click on "Measures"
3. Review the licensing agreement
4. Click on "click here" and register your email address
5. Notice the different links for peer and professional versions of the forms and the Group Session Rating Scale
6. Consider an annual membership in the Heart and Soul of Change Project to receive access to additional research, online training including recorded webinars and colleagues in various fields including public and private behavioral health.

