

Recovery Action and Progress Group Preparation Checklist 150720

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= one for each participant

* = PCOMS scales (ORS & GSRS) from www.heartandsoulofchange.com

** = from www.brauchtworks.com

1. File folder #.....
2. Outcome Rating Scale (ORS) #*
3. Group Session Rating Scale (GSRS) #: printed on the back of the ORS
4. SCORE Board #: printed on the back of the Recovery Action and Progress Group Handout if not on the name tent.....
5. Recovery Action and Progress Group Handout #**
6. Pen or pencil #
7. Centimeter ruler #
8. Name tag or tent #: tent works best when using stickers or other rewards and SCORE Board may be printed on the back
9. Recommended: Recovery Capital Scale Plan and/or Whole Health Action and Management (WHAM) Plan #**
10. Recommended: Flip chart pad, stand, masking tape and markers
11. Recommended: A clock everyone can see and/or consider asking for a volunteer to notify the group 10 minutes before the scheduled end time
12. Recommended: Participant rewards – stickers for attendance, coupons for meeting weekly tasks or progress toward goals, treats, etc.

